



OS1<sup>st</sup>

# PERFORMANCE FOOT SLEEVE

PLANTAR FASCIITIS // ACHILLES TENDONITIS



**Relieves Plantar Fasciitis**

**Eases Heel Pain**

**Aids Recovery**

**Reduces Swelling**



## TARGETED CONDITIONS

- Plantar Fasciitis
- Achilles Tendonitis
- Swollen Feet
- Arch Pain
- Heel Pain

### COMPRESSION ZONES

#### ZONE #6

LIGHT // Comfort Band

#### ZONE #5

FIRM // Achilles Support

#### ZONE #4

MODERATE // Shaped-to-fit

#### ZONE #3

FIRM // Arch/Fascia Lift & Support

#### ZONE #2

MODERATE // Support & Stabilize

#### ZONE #1

LIGHT // Comfort Band



LATEX FREE

LIGHT	10-15 mmHg
MODERATE	15-20 mmHg
FIRM	20-30 mmHg

- Advanced medical device for Plantar Fasciitis, Achilles tendonitis, heel pain, and swelling.
- Easy-on fit for continuous support, day or night
- Soft, moisture-wicking fabric
- Wear comfortably under socks for extra support
- Wear during walking or exercising for extra protection
- Gently lifts and stretches the Plantar Fascia



# Proof of Concept



1. Surrounding tissue is formed and supported for stability.
2. Fascia is clearly pulled up and stretched.
3. Achilles is compressed and shaped into the ankle area for extra support.
4. Compression increases the tissue/fat pads under the heel by 20%.

Authentication: The attached images were captured on X-Ray film at DeMaine Chiropractic & Rehab Centers, 500 Poinsett Highway, Greenville, South Carolina. As the supervising physician and technician producing the X-ray images, I hereby certify the validity and integrity of these images captured in a controlled environment. These images are unaltered and in their original state from point of capture to computer screen. I am confident these images are representative of the natural condition of the human physiology depicted.



## WHERE TO MEASURE



Size	Arch Circumference	Average Shoe Size		
<b>XS</b>	4-6 in / 10-15 cm	US: C12-M3 / C12-W4		
<b>S</b>	5-8 in / 13-20 cm	US: M3-5.5 / W4-6.5	UK: 1-3	EU: 33-36
<b>M</b>	7-10 in / 18-25 cm	US: M6-9.5 / W7-10.5	UK: 4-8	EU: 37-41
<b>L</b>	9-13 in / 23-33 cm	US: M10-13 / W11-Plus	UK: 9-13	EU: 42-46
<b>XL</b>	11-15 in / 28-38 cm	US: M13.5-15	UK: 14-16	EU: 47-50
<b>XXL</b>	13-18 in / 33-46 cm	US: M15.5-Plus	UK: 17-Plus	EU: 51-Plus

## TESTIMONIALS

"I just want to let you know that I've received the FS6 product, and have used it for about a week now. It is truly AMAZING! I am running a 50K this weekend, and the FS6 will be on my feet. It is truly amazing how much better my feet feel both day and night, and even when on a run."

**OS1st**  
BASE LAYER BRACING®

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