

## Chinese Pulse Diagnosis 脉诊

## **Shen Hammer Style**

A 9 Day Seminar held in Orebro - Sweden

20 - 22 January 2017

24 - 26 February 2017

24 - 26 March 2017

At the dawn of the twenty-first century we find two prevailing schools of pulse diagnosis. One, predominant in Europe and parts of America, favours the two-depth system and the Wáng Shū-Hè interpretation; the other, predominant in China, employs three depths and is based on the perspective of the renowned Lǐ Shí-Zhēn.

The Shen-Hammer system of Pulse Diagnosis is based upon the interpretations of Dr. Shen and leans toward an emphasis on the work of Lǐ Shí-Zhēn. The system described in his text relates each of the six positions to one of the five solid yin organs. Each position has three depths: the most superficial reveals the qi aspect of the associated organ, the middle depth reveals the blood aspect, and the deepest represents the yin-substance aspect. In addition, some concepts reflecting the interpretations of Zhang Jie-Bin and others are drawn from the Yellow Emperor's Inner Classic.

In his youth, John Shen was a student at the Shanghai Technical College of Chinese Medicine, a school established in 1916 by physician-scholar Ding Gan-Ren. Ding was part of a famous medical lineage reaching back to the early 17th century. It was known as the "Menghe current," and was named for the town in eastern Jiangsu province where it originated. This current of medical thought, centred on a handful of families and their social networks, produced some of the most influential physicians of the 19th and 20th centuries. Among other things, they were famed for their skills in pulse diagnosis.

As a student at the school of Ding Gan-Ren, John Shen will have been exposed to all of these influences. From what we know of this part of history it appears to be this Menghe tradition of pulse diagnosis that Dr. Shen learned in his youth, later developed, and after his immigration to the United States, passed to Dr. Hammer.

Dr. John Shen was also the teacher of the well know author Giovanni Maciocia as well as having a great influence on Peter Deadman.

## The teaching during these seminar days will be a mix of theory and practice, and the practical part will include personal supervision of each participant.

The pulse gives us the ability to assess the degree of deficiency in an Organ, and thereby the option to treat and balance a condition that otherwise could have caused the Organ to collapse and loose its functional ability.

During the 9 day seminar, we will introduce the Shen-Hammer pulse system, we look at the structure of the system, the placement of the fingers for the entire pulse, the 3 depths, pulse waves and the most common pulse qualities. So the Big Picture first. Then we move on to the individual positions, we discuss the correlation between the entire Pulse/the whole Organism and the individual Positions/the Organs/areas of the body. We discuss the pulse qualities in more detail and their interpretation depending on depth, e.g. the Slippery quality at Qi-depth with a slow rate means Qi Xu but at the Organ-depth the Slippery quality is related to retained pathogens/inflammation.

When we see patients, the instructor will write up the patients pulse pictures, and every participant will feel these pulse pictures under supervision. In the 9 day seminar we will spent time interpreting the pulse pictures and discuss treatment approaches. Dr. Shen's System model and the Six Conformations is one of these approaches. But please note that the informations gathered from the pulse can integrate into any model whether it's a 5-element approach or a TCM approach etc.

Upon registration you will receive relevant teaching material. Please read through it before the seminar. The 22 complementary/extra positions will be included in the teaching material and as many as time will allow will be introduced.

The seminar will be held in English and is taught by Claus Sørensen. Claus is a certified instructor of the pulse system (DRS Instructor), a certification received by Dr. Leon Hammer. Claus has integrated the pulse system into the curriculum in the acupuncture program taught at Zonecollege zcdskole.dk in Denmark and is the owner of Dragon Rises Denmark (www.dragonrises.org).

Price: 9,900 SEK excluding VAT (moms)

<u>Payment terms:</u> 10% at time of registration, balance due no later than **November 30 - 2016**.

<u>Cancellation</u>: No refund unless substitute participant is registered.

Information about location and seminar timings will be provided upon registration.

Please note there are <u>only limited</u> spaces left for participants.

To register your interest, please send an email with your name and contact details to info@qimed.se and we will contact you.