

FITS AND PROTECTS LIKE A  
CUSTOM MOUTHGUARD

## FITTING AND CLEANING

- ALWAYS remove from mouth carefully so as not to damage teeth.
- Rinse in cold water immediately after use or during use if soiled
- Clean for storage using cold or fresh water (NEVER HOT).
- Always store in container when is not in the mouth.

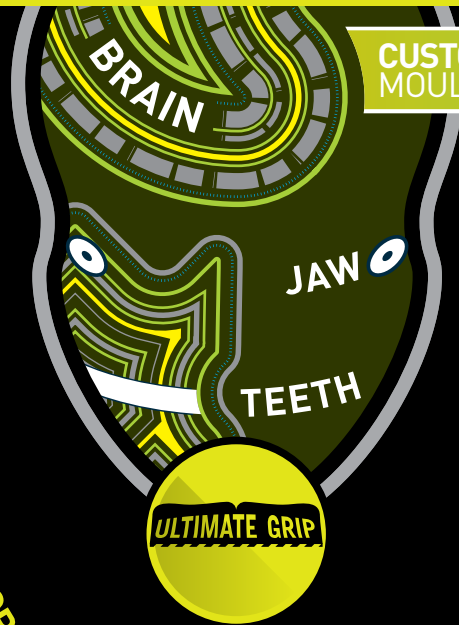
# 4•BRACES

## MOULDABLE VERSION

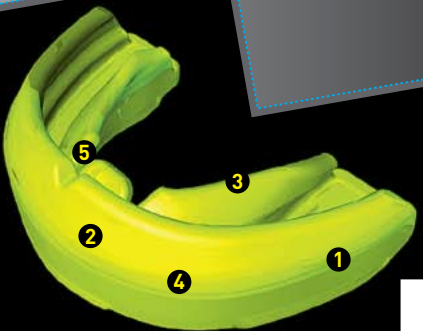
APPROVED BY ORTHODONTISTS WORLDWIDE

• BRACES  
PROTECTION  
ATHLETE WITH  
POWRGARD 4•  
SUPERIOR P  
OR PROTECTION FOR  
THE ATHLETE WITH BRAC  
ES POWRGARD 4•BRACES  
CES GENUINE PROTECTION FOR  
ION FOR TEETH, JAWS AND BRAIN POWRGARD 4•BRACES SUPERIOR PROT

CUSTOM  
MOULDABLE



TECHNOLOGY xx



FITTING INSTRUCTIONS  
INSIDE AND ON WEBSITE  
POWRGARDSPORTS.COM

809 ENG 11/07 CE

Covered by worldwide patents:  
5,624,257 5,259,762 10,560,441 10,639,149

100% AUSTRALIAN COMPANY

GRIPS OVER BRACES FOR SECURE FIT

# 4•BRACES™

HEAT APPLIANCE POWRGARD 4•BRACES SUPERIOR PROTECTION FOR THE ATHLETE WITH BRACES  
FOR A MAXIMUM OF POWRGARD 4•BRACES SUPERIOR PROTECTION FOR THE ATHLETE WITH BRACES  
30 TO 45 SECONDS IN BOILED WATER

## UNIQUE ORTHODONTIC DESIGN

The POWRGARD 4•BRACES™ moulds easily for a **SECURE CUSTOMISED FIT**. The entire procedure should take **NO MORE THAN 2 MINUTES** and is best done in front of a mirror. **HAVE READY**, freshly boiled water, bowl, spoon, mirror and timepiece (displaying seconds). Do a “**DRY**” TEST RUN FIRST.

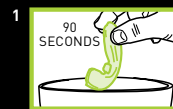


### CAUTION:

Do not overheat the 4•BRACES™ as this **MAY CAUSE PERMANENT DISTORTION** of shape. **NEVER** place 4•BRACES™ directly into water while boiling on stove or in microwave.

REPEAT STEPS 1 to 7 if the fit becomes loose through movement of teeth (reheat water to 100°C / 212°F). 4•BRACES™ is regularly remouldable when adjustment becomes necessary.

## MOULDING INSTRUCTIONS



1 Put 4•BRACES™ (with tongue tag down) into bowl of freshly boiled water (100°C / 212°F) for **30 TO 45 SECONDS**.



2 Lift 4•BRACES™ gently from water using spoon.



3 Cool under tap water for **ONE SECOND ONLY** bringing surface temperature to comfortable level. **QUICKLY MOVE ONTO NEXT STEP**.



4 Watching in mirror, **LINE UP CENTRE** of STEALTH™ with centre line of upper teeth and **PROCEED RAPIDLY** with steps 5 – 7.



5 Fit 4•BRACES™ into upper teeth (tongue tag upward) and **PRESS FIRMLY** INTO FRONT TEETH AND MOLARS.



6 Put tip of tongue on tag and close mouth while **BITING DOWN HARD** on 4•BRACES™.



7 Suck in strongly and press edges of 4•BRACES™ into teeth and gumline through the lips and cheeks (continue for 20 seconds). Remove from mouth and cool under tap water for 1 minute. Replace into mouth and test for a good firm fit.

**POWRGARD® 4•BRACES™: GENUINE PROTECTION**