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Compliant with new European Regulation
Conforme al nuovo regolamento europeo
Conforme à la nouvelle réglementation européenne
(EU) 2016/425

SIT HARNESSES
IMBRACATURE BASSE
HARNAIS CUISSARD

SEE TAB.
VEDI TAB.
VOIR TAB.
СМ. ТАБ.

EN 358:2018

EN 813:2008

EAC
TP TC
019/2011

CE 0123

J LIFE SHEET - SCHEDA DI VITA - FICHE DE DURÉE DE VIE

....
Modello - Model - Modèle

....
Numero di serie - Serial number - Numéro de série

....
Mese e anno di fabbricazione - Month and year of manufacture
Mois et année de fabrication

....
Data di acquisto - Purchase date - Date de l'achat

....
Data del primo utilizzo - Date of first use - Date de la première utilisation

....
Utilizzatore - User - Utilisateur

Note - Comments - Commentaires

....
....
....
....
....
....

Controllo ogni 12 mesi - Inspection every 12 months
Inspection tous les 12 mois

Data Date Date	OK	Nome/Firma Name/Signature Nom/Signature	Data prossimo controllo Date next control Date du prochain contrôle

INSTRUCTION MANUAL
MANUALE ISTRUZIONI
NOTICE D'INFORMATION

December 2023 - Rev. 1
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PAP

C.A.M.P. SpA
Costruzione Articoli Montagna Premana
Via Roma, 23 - 23834 Premana (LC) - Italy
Tel. +39 0341 890117 - Fax +39 0341 818010
www.camp.it - contact@camp.it

FR

CE 0123

W1
Notified body controlling the manufacturing of the product:
Organismo che controlla la fabbricazione del prodotto:
Organisme contrôlant la fabrication du produit:

TÜV SÜD Product Service GmbH
Ridlerstraße 65, 80339 Munich - Germany - N.0123

W2
Notified body intervening for the EU type examination:
Ente riconosciuto che interviene per l'esame UE del tipo:
Organisme notifié intervenant pour l'examen UE de type:

APAVE EXPLOITATION FRANCE SAS
6 Rue du Général Audran - 92412 Courbevoie Cedex – France – N.0082

DOLOMITICERT s.c.a.r.l.
Zona Industriale Villanova 7/A, 32013, Longarone (BL) – Italy - N.2008

ENGLISH

GENERAL INFORMATION

The C.A.M.P. Group meets the needs of workers at height with light and innovative products. These are designed, tested and manufactured to a certified quality system, ensuring reliable and safe products. These instructions inform you about the correct use throughout the life of the product: **read, understand, strictly respect and keep these instructions**. If lost, you can download the instructions from the web site **www.camp.it**. The EU declaration of conformity can be also downloaded from our site. The retailer must provide the instruction manual in the language of the country where the product is to be sold.

USE - This equipment should be used only by trained and competent persons. Otherwise the user should be under the direct supervision of a trained and competent person. This notice will not teach you the techniques for work at height or any other associated activity: you must have received qualified instruction before using this product. Climbing, and any other activity for which these products may be used, is inherently dangerous. The consequences of incorrect selection, misuse or poor maintenance of equipment could result in damage, serious injury or death. The user must be medically fit and capable to control his own security and any possible emergency situations. For equipment intended for use in fall arrest systems, it is essential for safety that the anchor device or anchor point should always be positioned, and the work carried out in such way as to minimise both the potential for falls and the potential fall distance. Verify the free space required beneath the user at the workplace before each occasion of use, so that, in the case of a fall, there will be no collision with the ground or the other obstacle in the fall path. A full body harness is the only acceptable body holding device that can be used in a fall arrest system. The product should only be used as instructed and no alterations should be made to it. It may be used in conjunction with any appropriate items of suitable specification and according to the EN standards, with due consideration to the limitations of each individual piece of equipment. This leaflet shows examples of improper utilizations of this product. Note that it is impossible to show or imagine all improper utilizations and that this product should be used only in the way specified by the manufacturer in this leaflet. If possible this product should be treated as personal. If used by multiple individuals, these instructions must be available for consultation and must be respected by all users.

MAINTENANCE - *Cleaning of the textile and plastic parts:* rinse in clean water and neutral soap (max temperature 30°C) and dry naturally away from direct heat. *Cleaning of the metallic parts:* rinse in clean water and then dry. *Sanitisation:* the procedures are available on the website **www.camp.it.** *Temperature:* Always keep this product below 80°C so as not to affect the performance of the product. *Chemicals:* withdraw the product from service if it comes into contact with chemical reagents, solvents or fuels which could affect the performance of the product. *Dirt that cannot be removed:* spots of unknown origin that cannot be removed should be considered chemical contamination and therefore require that the product be disposed of.

STORAGE - Store unpacked in a cool, dry and well-ventilated, dark place away from heat sources, high humidity, sharp edges, corrosives or other possible causes of damage. Do not leave the product exposed to the weather.

RESPONSIBILITY - The company C.A.M.P. SpA, or the distributor, will not accept any responsibility for damage, injury or death resulting from misuse of or from modifications to a C.A.M.P. branded product. It is the user's responsibility at all times to ensure that he/she understands the correct and safe use of any equipment supplied by or from C.A.M.P. SpA, that he/she uses it only for the purposes for which it is designed and that he/she practices all proper safety procedures. Before using the equipment, take all necessary steps to familiarise yourself with rescue techniques should an emergency occur. You personally assume all the risks and responsibilities for your actions and decisions: if you are not able or not in a position to assume these, do not use this equipment.

3 YEAR WARRANTY - This product is warranted against any faults in materials or manufacture for 3 years from the purchase date. Limitations of warranty include: normal wear and tear, modifications or alterations, incorrect storage, corrosion, damage due to accidents or negligence, use for which this product is not specifically designed.

SPECIFIC INFORMATION

INSTRUCTIONS FOR USE

Summary

This product is intended for use to prevent against risks of falling from above in industry, in construction work, in rescue and, more generally, for any application of work at a height. Depending on the type of activity and the risk assessment, it is mandatory to choose the type and model of harness that is more suitable.

EN 813: SIT HARNESSES - The sit harnesses are intended for use to prevent falls from heights in suspension systems in rope access, work positioning or restraint, through the exclusive use of the ventral attachment point. The maximum use load (including equipment and tools) is indicated on the product marking. Prolonged suspension can result in injuries on the human body and can result in death in case of inert suspension of the user. Regular pauses from the suspension must be done in order to avoid any dangerous effect on the human body.

EN 358: BELT FOR WORK POSITIONING AND RESTRAINT - The work positioning belt is a body restraint device intended to sustain one person during his or her work by means of an individual protection device under tension in order to prevent a fall or to prevent a person from reaching the areas that are at risk of falling from heights. The maximum use load (including equipment and tools) for the EN 358 positioning belts is 150 kg. The anchoring point must be at or above waist level. Attachment points for work positioning and restraint can be ventral, side or back. Side points must be always used together.

Use

In order to get a perfect fit, choose your size according to the indication of **chart A**. Do not alter the length of the straps in any way, do not make knots (**fig.4**). Also, the user should carry out a suspension test in a safe place to ensure that the harness is the correct size, has sufficient adjustment and is of an acceptable comfort level for the intended use. During use, it is essential to regularly check the closing and the adjustment of all the elements. Fall Factor is a rating used to evaluate the danger of specific scenarios when working at heights is calculated using the following equation: Fall Factor = Height of Fall / Length of Lanyard. In situations where the Fall Factor will be 0 (e.g. the worker is positioned under the anchor point on a tensioned lanyard) positioning equipment is adequate. Fall arrest equipment must be used for other situations where the Fall Factor is greater than 1 or more freedom of movement is required (**fig.1**). The use of this equipment, combined with other components of the personal protective equipment, must be conform to these instructions of use and to the current standards (**fig.2**). The connection to the positioning system must be performed only using the positioning or suspension attachment points shown in **fig.2-5;** any connection to gear loops/gear rings or to any other component of the harness is strictly forbidden: danger of death! The anchor point must be preferentially located above the work area and must be in compliance with the EN795 standard and/or known to have a resistance of 12 kN (metal anchors) or 18 kN (fabric anchors). Before and during use, check the correct closure and right adjustment of all the buckles and connectors Main material: polyester, metal parts. EN 813 sit harnesses and EN 358 belts for work positioning can not be used alone for fall arrest purposes. The basic harness can be integrated with a compatible chest device (**tab.A**) to create an EN 361 fall arrest harness. Read and strictly follow the instructions provided in the instruction manual for the chest harness used. The attachment points for EN 358 positioning cannot be used when there is a danger of full suspension or excessive tension (work position). It may therefore be necessary to integrate them with systems for fall protection: collective (i.e. safety nets) or individual (fall arrest systems conforming to EN 363). Certified rescue equipment and trained rescue workers are necessary for intervention in case of a fall, in order to minimize the risk of suspension trauma.

Accessories

For the correct use of gear loops, see **fig.6**. Do not use gear loops for the connection of personal protection devices: danger of death! For the use of an additional rigid seat for improving the comfort in suspension, see **fig.7**.

EAC use

Certified models for EAC use (Russia-Belarus-Kazakhstan-Armenia-Kyrgyzstan standard) are reported in **chart A** and the standard number is marked on the label of the harness.

PERIODIC INSPECTION

The safety of users depends upon the continued efficiency and durability of the equipment. In addition to normal visual inspection prior to, during, and after use, this product must be inspected by a competent person at least once every 12 months. This frequency should be increased if the equipment is used by multiple individuals or if subject to particularly harsh wear. The date of first use and of all inspections must be recorded on the product's lifesheet. Keep all inspection and reference documentation for the entire life of the product. Do not remove or tamper with the product labeling. Remove the product from service if its entire history is unknown and/or if the records are illegible. In case of one of the following defects are present, the product should be withdrawn from service immediately:

Fabric components

- presence of cutting and/or burning cuts and/or burns on the load-bearing straps
- presence of cutting and/or burning on the load-bearing stitchings
- difficulty of sliding of the strap into the buckle
- stiffening or thickening of the webbing or the rope.

Metal components

- wrong closure of buckles
- wear that causes a significant reduction of the cross-section (grooves or notches), the depth of which is estimated to be greater than 1 mm;
- creation of excessive play between the elements;
- presence of cracks;
- corrosion that seriously alters the surface state of the metal (it does not disappear after a slight rubbing with sandpaper);
- presence of permanent deformations;
- operative problems that cannot be resolved through cleaning or lubrication.

If the component or one of its parts shows signs of wear or defects, it must be replaced, even before the end of its expected lifetime. Attention: colors change can indicate chemical contamination. It must be replaced if there is any doubt about its condition. Each product in the safety system can be damaged during a fall and must be always inspected before use it again. Do not continue to use a product after a major fall because a damage may have occurred, even no external signs are visible.

LIFETIME

The lifetime of the product is 10 years from the date the product is first used and (taking storage into consideration) in any case cannot exceed the end of the twelfth year from manufacturing (i.e. manufacture year 2030, lifetime until end of 2042, or 10 year from the date of first use, whichever comes first). The product lifetime is understood to be in the absence of events that cause it to be unfit for use, and if the product is inspected periodically at least once every 12 months from its first date of use. The results of the inspections must be recorded on the product lifesheet. The following factors can reduce the product life: intense use, damage to parts of the product, unauthorized modifications, high temperatures, abrasions, cuts, violent impact, exposure to UV, chemical substances, moisture, freezing, sweat, mud, dust, improper use or storage other than what is recommended. If a product is suspected to be no longer safe and reliable, replace the product or contact C.A.M.P. SpA or the distributor before continuing use.

TRANSPORTATION

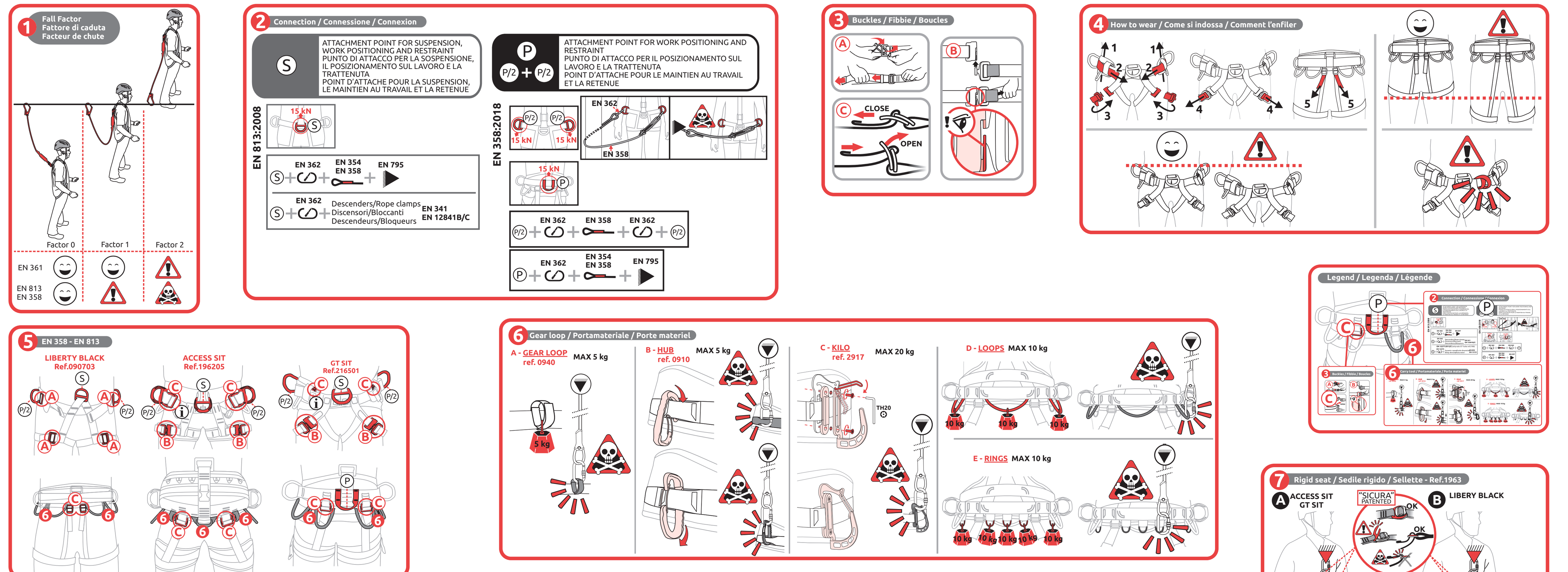
Protect the product from risks such as those detailed above.

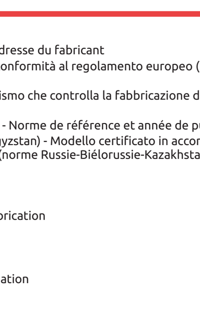
ITALIANO

INFORMAZIONI GENERALI

Il gruppo C.A.M.P. dà una risposta ai bisogni dei lavoratori in altezza con dei prodotti leggeri e innovativi. Sono progettati, testati e fabbricati all'interno di un sistema qualità certificato, per offrirvi un prodotto affidabile e sicuro. Le presenti istruzioni sono destinate ad informarvi sul corretto utilizzo del prodotto per tutta la sua durata: **leggete, comprendete, rispettate rigorosamente e conservate queste istruzioni**. In caso di smarrimento, le istruzioni sono scaricabili dal sito **www.camp.it**. La dichiarazione di conformità UE è scaricabile da questo sito. Il rivenditore deve fornire il manuale istruzioni nella lingua del paese in cui il prodotto è venduto.

UTILIZZO - Questo equipaggiamento deve essere usato solo da persone addestrate e competenti oppure sotto la supervisione di persone addestrate e competenti. Con queste istruzioni non apprenderete le tecniche dei lavori in altezza o di [illegible]





A MODEL	REF.	STANDARD CE 0123 EN 358: 2018	EN 813: 2008	EAC TP TC 019/2011	SIZING	B (cm)	C (cm)		COMPATIBILITY	SEE MANUAL
ACCESS SIT	196205	●	●		1 S-L 2 L-XXL	80-120 90-135	50-65 60-75		GT CHEST (Ref.216602)	CHEST HARNESSES
GT SIT	216501	●	●		1 S-L 2 L-XXL	80-120 90-140	50-65 60-75		GT CHEST (Ref.216602)	CHEST HARNESSES
LIBERTY BLACK	090703	●	●	●	1 S-L 2 L-XXL	70-110 80-130	45-65 55-75		GOLDEN CHEST (Ref.0930)	CHEST HARNESSES

● = (P) = Attachment point for work positioning and restraint - Punto di attacco per il posizionamento sul lavoro e la trattenuta - Point d'attache pour le maintien au travail et la retenue

◗+◖ = (P/2)+(P/2) = Attachment point for work positioning and restraint - Punto di attacco per il posizionamento sul lavoro e la trattenuta - Point d'attache pour le maintien au travail et la retenue

● = (S) = Attachment point for suspension, work positioning and restraint - Punto di attacco per la sospensione, il posizionamento sul lavoro e la trattenuta - Point d'attache pour la suspension, le maintien au travail et la retenue