

Spinal

ORTHOSES AND BELTS



Back support solutions for every day life

At NordiCare, we develop spinal supports to suit a wide range of needs, conditions and support levels. Our range includes elastic, semi-rigid, and maternity options, designed to fit different body types, clinical situations, and everyday life. All products combine function, comfort, and quality.

Designed for users

Functionality and user-friendliness are central to NordiCare's product development. Our goal is to create functional and aesthetically pleasing designs that simplify daily life for both users and healthcare professionals. This is what we call "Designed for users".

Carefully Selected

NordiCare's product range is developed in close collaboration with physiotherapists, medical professionals and users, alongside partnerships with leading international material suppliers and medical device manufacturers. The selection of partners is as crucial as our own design and development process. Customers can trust NordiCare's products for their quality, functionality, and sustainable impact principles.

Improved Healthcare Economics

With limited healthcare resources, cost-effective solutions are increasingly vital. NordiCare is committed to developing products that enhance healthcare efficiency, reducing treatment times, improving outcomes and contributing to a more sustainable healthcare economy.

Elastic back supports

Atle - Back orthosis

An elastic back orthosis made of shapeable material for a snug fit. Provides stable and comfortable support across the entire lower back. Especially suitable for vertebral compression caused by osteoporosis. Fits most body shapes. The material offers excellent compression and is lightweight, breathable, and soft against the skin. Atle is available in black in two heights. Sizes S-2XL. Item no. 50100 (low) and 50101 (high).

✓ Stable and comfortable support



The ribbed structure helps to maintain positioning

Elastic fastening straps provide stable support



Two replaceable stays can be shaped to fit the contours of the back.



Handle for easy application



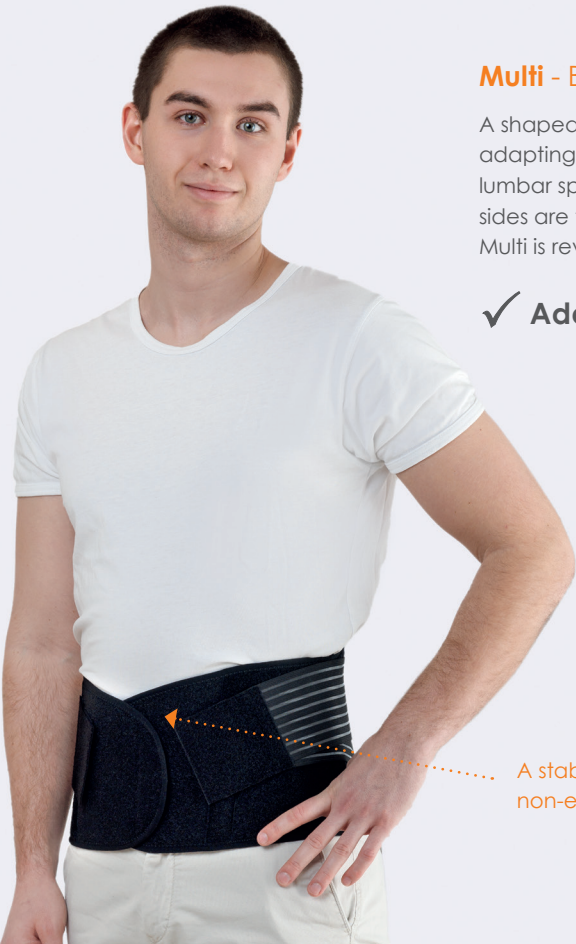
AtlePlus - Back orthosis

Provides stable support across the lower back while simultaneously lifting and supporting the abdomen. Suitable for people with a large or loose abdominal section, as well as during and after pregnancy. AtlePlus provides good compression and allows the skin to breathe. Two replaceable stays can be shaped to suit the contours of the back. Sizes S-4XL. Item no. 50105.



Most of NordiCare's spinal orthoses can be machine-washed at 40°C or higher. Clear washing instructions are provided on the packaging and on our website.

Elastic back supports



Multi - Back orthosis

A shapeable orthosis that provides comfortable support and secure compression, adapting to various needs and body types. Suitable for pain conditions in the lumbar spine, hip and pelvis, or to ease residual pelvic pain after pregnancy. The sides are thin and highly elastic. Plastic springs in the back help provide stability. Multi is reversible. Sizes S-2XL. Item no. 50240.

✓ Adapts to various body types

A stable and non-elastic front



Adjustable and elastic straps increase stability and support.

Bure - Back orthosis

Provides stable back support in thin material. Suitable for acute back pain, herniated disc or other pain conditions in the lower back. Fits most body shapes and fastens with Velcro straps. The two replaceable back stays can be shaped to suit the contours of the back. Available in two heights. Sizes S-2XL. Item no. low 50241 and high 50242.

✓ Back stays for extra stability



Broad elastic velcro straps provide adjustable support.

Breathable and thin material



Elastic back supports

Tuff - Back orthosis

A supple low back orthosis that provides extremely stable support across the lower back and pelvis. The orthosis can be applied at waist height or over the pelvis. Tuff features broad Velcro straps to ensure a snug fit over the hips or around the waist. Made of robust elastic and suits most body types. Height center front 15 cm, height center back 20 cm. Tuff is available in black. Sizes XS-2XL. Item no. 50200.

✓ Extremely stable support

Robust elastic material



The elastic straps are adjustable and provide stable support.



Ballerina - Posture bandage

Provides a comfortable reminder to maintain good posture in the upper back. Broad, soft, cuttable straps cross over the back and fasten in front. The stable back section works effectively on the shoulders without adding pressure to the diaphragm. Ballerina also provides thoracic relief. Ideal under everyday clothes. For osteoporosis-related problems affecting the entire spine, Ballerina can be worn in combination with Atle. Sizes S-XL. Item no. 50103.

Semi-rigid back supports



Ronja - Back orthosis

Stable back support with elastic straps on the sides. Easy to adjust for the required compression and stability. The elasticity ensures an excellent fit and makes Ronja extremely comfortable to wear. Thin plastic springs sewn in around the corset provide relief and stability. Ronja is available in three heights in size XXS-2XL. Item no. 50531, 50532 and 50533. Ronja is also available as a semi-finished orthosis featuring two open seams in the back and can be sewn in, let out and shortened as required. Sizes XS-2XL. Item no. 50536.

✓ **Exceptional comfort and support**

Easy to put on and adjust



Elastic velcro straps on the sides enable suitable compression.



Two open elastic strips in the back contain two stays.

Maternity belts



MammaMia - Pelvic belt

An elastic pregnancy belt that provides uniform, stable support across the pelvic joints. MammaMia also provides comfortable lift under the abdomen and is simple to adjust as the stomach expands. The increased width combined with the soft material makes it particularly pleasant to use. The belt can also be "angled" under the stomach to provide desired lift and support. Also suitable for non-pregnant people seeking stable support for the pelvic joints. Height 16 cm. Sizes S-2XL. Item no. 50102.

✓ **Lifting support under the belly**

Breathable and light material



The elastic bands allow adjustment of stabilization and fit.

MammaFix - Pelvic belt

A semi-elastic support belt that provides effective support across the pelvis. Suitable for use during pregnancy or pelvic joint problems. The belt is wrapped around the body and fastened in the centre. Desired stability can easily be adjusted. MammaFix sits securely in position with silicone on the inside. Available in two lengths but can be shortened. Made of sturdy elastic and rigid Velcro material. Height: 7 cm. Size S/M-L/XL. Item no. 50104.

✓ **Simple and supportive**



The elastic bands allow adjustment of stabilization and fit.



NordiCare Ortopedi & Rehab AB is a Swedish company that develops and markets carefully selected orthopaedic and rehabilitation products. A central part of NordiCare's product development is functionality and user-friendliness. Our driving force is to create functional products in appealing designs that make everyday life easier for both users and medical professionals.

