

08/2019

User Instruction Blueman - Training Suit



The C.P.E. Blueman training suit is made for half contact training with soft training weapons. The Instructors must find the limitations in the suit and always be on the safe side; we do not recommend any direct hits to the neck and head area. Make sure that all straps are intact so that all items can be securely fastened to the body.

The suit is certified according to EC and complies with the Directive 89/688/ECC.

The suit consist of the following parts:

- Helmet level 2
- Chest Guard
- Elbow & forearms
- Gloves
- Pants
- Leg guards
- Carry bag

The Pants have an integrated removable Groin protector that fits both male and female protectors and the thigh guards are attached to the hips belt.

Sizes; M/L and XL

How to dress up;

1. Leg Guards

- Select the correct Leg Guard for each leg, this indicated on the label
- Push the Leg guards into the leg
- Fasten the straps around the leg and lock behind the leg against the soft Velcro
- Fasten the Elastic strap around the thigh and lock it above the knee cap
- Check that the Leg Guard stays in position



2. The Pants

- Open the wide elastic straps on the thighs and fasten them outside to make it easy to step into the pants
- Step into the pants and take the suspenders over the shoulder, adjust those
- Close the wide elastic straps around the thighs



3. The Elbow and Forearms

- Chose the correct item indicated on the label
- Open the straps and put your arm into the guard
- Close the two straps around the forearm
- Close the strap around the upper arm



4. Chest Guard

- Open the straps that keep the Chest guard closed
- Place the Chest guard over your head
- Step into the upper arms and fasten the elastic straps
- Close the side straps in front of the Chest guard



5. The Helmet

- Open all straps and place the helmet on your head
- Close the inner straps first, make sure the helmet fits the head
- Fold the neck part down and close the outer straps



6. Gloves

- Open the straps around the wrist area and the main locking strap on the forearm protector
- Put your hand into the glove, use the small tag to help the hand to slip in
- Close the wrist strap
- Close the Forearm strap



Washing instruction;

The suit is washable in a washing machine at 40 °C. Do not spin dry the suit or dry the suit in high temperature like in direct sun shine.

It is very important to clean the Helmet after every training to avoid bacteria s to grow.

Do NOT store a wet suit inside the carry bag.

Per Sabbasen
C.P.E. Production Oy