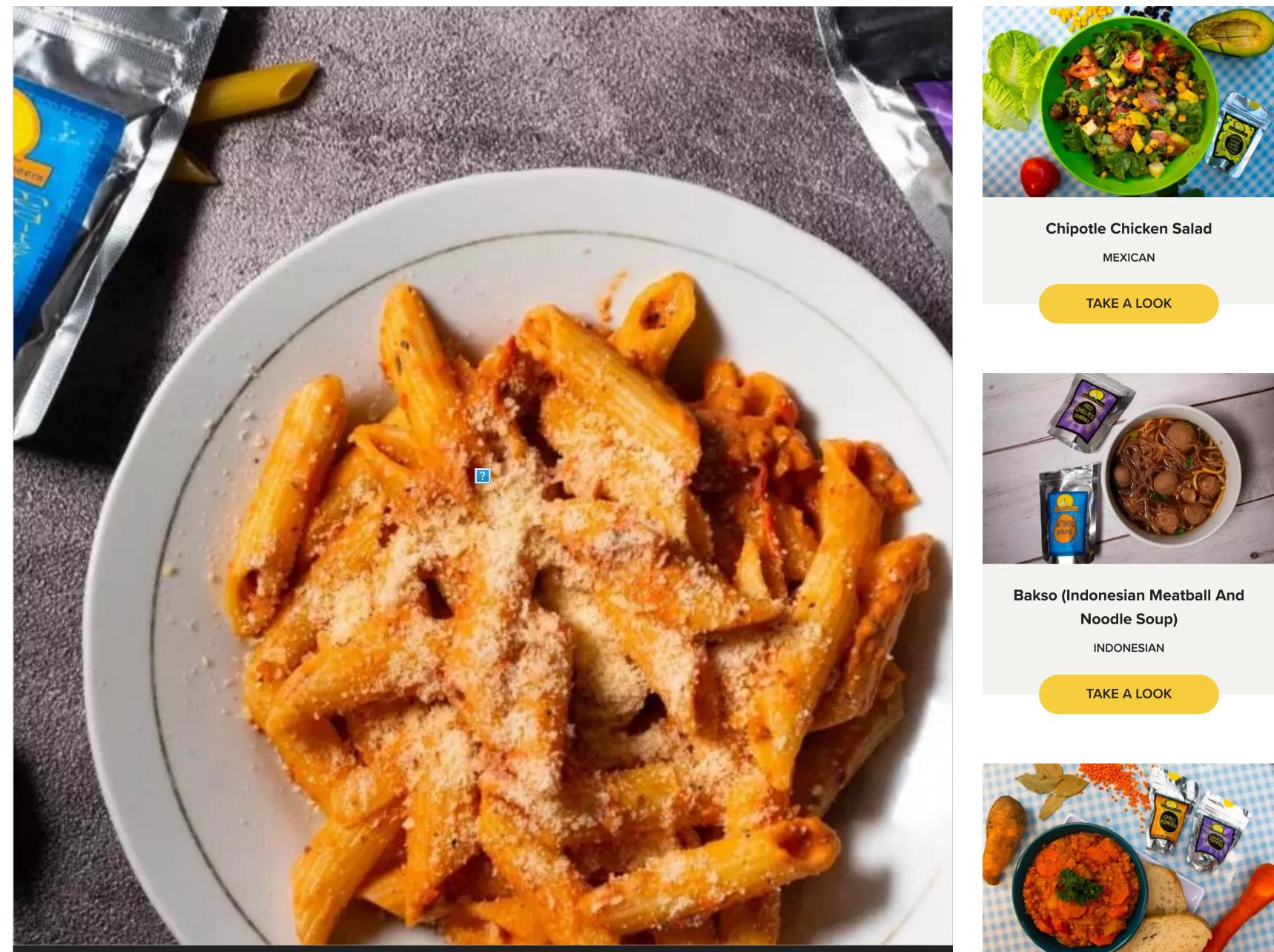


# **Creamy Tomato Pasta**



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Lentil And Sweet Potato Soup INDIAN

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## **MAKING THIS RECIPE**

# Ingredients

Enough pasta for two servings 1 can chopped tomatoes 120ml heavy cream 3 cloves garlic, minced 1 onion, roughly chopped 2 tsp Lemon Pepper 1 tsp Wild Herb Sea Salt A dash of olive oil Parmesan cheese for garnish

# Method

#### Step 1:

In a pot of boiling water, cook the pasta until *al dente,* or slightly firm.

#### Step 2:

While the pasta is cooking, heat a dash of olive oil in a pan over a low flame.

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#### Step 3:

Add the onions and cook until translucent, around 5 minutes.

### Step 4:

Add the garlic and cook for a further minute on a medium flame.

#### Step 5:

Add the chopped tomatoes, Lemon Pepper and Wild Herb Sea Salt, mixing well. Reduce to a simmer and cook for a further 2 minutes.

#### Step 6:

Add the heavy cream and gently stir into the pasta sauce. Cook for a further minute before adding the pasta to the sauce and mixing together.

