Saag Aloo Potatoes

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DIETARY: Vegetarian

MAKING THIS RECIPE

Ingredients

400g potatoes, peeled and chopped into cubes 1 x white onion, sliced 2 garlic cloves, diced 1 x thumb piece of ginger 2 tsp Dopiaza blend 1 x red chilli 1 x tbs Nigella Seeds (garnish) Bunch of fresh coriander, chopped (garnish)

Method

Step 1

Add the potatoes to a pot of water and bring to the boil for around 10-15 minutes

Step 2

While the potatoes cook, heat a separate pan and add a tbs of olive oil to fry the onions, garlic and ginger for around 2 minutes

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Step 3

Add the Dopiaza spice blend and mix

Step 4

Add the spinach along with 50ml water and allow to wilt, at this point check the potatoes with a fork and drain if ready

Step 5

Add the potatoes and the red chilli, give a good mix to coat everything evenly, add salt and pepper to season

Step 6

Serve in a large bowl and garnish with coriander and the Nigella seeds



Buy the ingredients for this recipe



