

Virgin-Islands Spiced Salt



Secret Ingredients

- 3 tablespoons sea salt
- 2 teaspoons black peppercorns
- 1/4 teaspoon whole cloves
- 1/2 teaspoon grated nutmeg
- 1/4 teaspoon dried thyme
- 2 fresh garlic cloves, crushed
- 1/2 small onion, chopped
- 2 sprigs fresh parsley

Directions

1. Grind all the ingredients in a mortar or food processor until well mixed.
2. Store in the refrigerator.